



## Advance Care Planning and COVID-19

**These are unprecedented times.** Healthcare providers are faced with having to make difficult decisions under pressure in demanding environments, often with little guidance from their patients or their families. Proactive conversations with patients and loved ones about advance care planning before a healthcare crisis can help to alleviate stress that comes from making uninformed choices. With the COVID-19 pandemic, many of your patients, especially those at high risk, may already be thinking about treatment options and ready to discuss advance care planning with you.

### Are you ready?

**Voice Your Choice offers free tools and materials to facilitate advance care planning discussions and help your patients complete or upload an existing digital advance care plan making it easier to find in an emergency.** The program offers detailed, no-cost webinars and online resources to educate patients about advance care planning and the importance of choosing a health care agent. The webinars also provide a step-by-step process to support the creation of a digital advance care plan. The utilized online tool is integrated with CRISP making completed plans easier to find during a healthcare crisis. Voice Your Choice also offers support for providers in the “Advance Care Planning Resources for the COVID-19 Pandemic” handout.

**Voice Your Choice is here to support you in the critical work you do to care for our community.** We look forward to working together to make sure everyone in the community has designated a health care agent and has documented their healthcare preferences during this crisis.

Voice Your Choice is a community-based program that promotes advance care planning through training, education, and public awareness. To learn more about the Voice Your Choice program or to request additional materials, please contact Sara Hufstader, Lead Project Coordinator at [shufstader@jssa.org](mailto:shufstader@jssa.org).

*Voice Your Choice is a program of the [Nexus Montgomery Regional Partnership](#) and is led by [JSSA](#)*